Annual Report
2009-2010

iSisters™
TECHNOLOGY MENTORING

iSisters connects women in need with technology through mentoring.

Annual Report

iSisters Technology Mentoring Inc.

2009-2010

iSisters™

TECHNOLOGY MENTORING

iSisters Technology Mentoring; the leader in technology learning and development, helps to empower women in need to live better lives, create brighter futures and build stronger communities.

iSisters Technology Mentoring Inc.
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E-mail: info@isisters.org
Charitable Number 87430 2714 RR0001

Contents

Message from the Board Chair

This year proved to be an exceptional year for iSisters—leading the way in mentoring women about technology. Through our award-winning programs, iSisters enriched the lives of many women in our community.

By extending essential technology skills we are giving women who would not normally have access to computers and the Internet, the tools to improve their skills, enhance their self-esteem and grow to full potential. Research clearly shows that educated women build stronger communities, and iSisters is proud to be part of that community mobilization.

This year we continued to strengthen our organizational infrastructure to accommodate our signature online learning product, iTeachnolgy.

As we ramp up for 2011, the 10th anniversary for iSisters, we are well placed for stable growth and stronger than ever partnerships.

Of course we could not do what we do without the on-going strong commitments from members of the local community, our very important partners, our generous sponsors and wider communities to help us run and develop new programs. Please take the time to read about our sponsors and program partners. Without them we could not be successful.

Our goal is clear: to empower women in need with technology. In the pages ahead, I invite you to learn about iSisters and our activities of the past year. We hope you will help spread the word about iSisters and be a part of this amazing experience.

Pat den Boer

Patricia den Boer, Board Chair,
iSisters Technology Mentoring
President,
Powerhouse Communications Group Inc.

Message from the Executive Director

I am honoured to be part of the iSisters family and excited to be leading the organization into its tenth year and toward its second decade. Since joining the staff in April of this year, I've had the privilege of witnessing first hand the tangible benefits the iSisters learning program has on the lives of our students. Our mission of providing free technology programs to women in need is indeed a mission in action. Our vision, to empower women in need to live better lives, and create brighter futures and build stronger communities is indeed a vision being realized.

Once a month, I leave my office and in partnership with our rock-star teacher and program manager, Zahide Yilbas, celebrate the accomplishments of our students with a graduation ceremony. This is always the highlight of my month. Each time I attend a graduation I am struck by how important the iSisters program is to our students. They love to tell me in no uncertain terms how valuable the experience has been for them, how much they look forward to learning in the safe, enriching, and fun environment that has become a signature of the iSisters program.

This year, iSisters will be expanding our reach into more communities and offering additional learning resources to our students. We will be launching the next phase of our e-learning program, iTeachnology, as well as our own Asset Map, a comprehensive, up-to-date database that will allow our students and partner centres to easily identify services, community programs, training centres, and job and volunteer opportunities that are within their reach.

Our foundation is strong and our goals for the coming year are clear: to strengthen our systems, processes and organizational structure so we are able to reach more women. My gratitude goes out to all who have built the foundation of iSisters and to those of you who will help us attain our future growth and success.

Jolynn Sommervill
Executive Director,
iSisters Technology Mentoring Inc.

About iSisters

iSisters Technology Mentoring Inc. is a Canadian charitable organization that was founded in 2001 by a group of teachers who wanted to contribute to their community. Charitable Number 87430 2714 RR0001

iSisters connects women in need with technology through mentoring. We increase economic earning potential and independence for women in poverty in Ottawa who are unemployed, have limited education and depend on government services for basic needs. iSisters' award winning, sustainable and innovative technology mentoring programs, offered free to participants, are built through strategic alliances with non-profit community partners. iSisters' programs enhance employability skill development, provide a critical and effective stepping stone to improved quality of life and initiate long term and high impact positive change for marginalized women.

We design and deliver community-based technology learning programs in partnership with community organizations that support women in need. Through technology awareness, mentoring and coaching we aim to increase earning potential and economic independence for women in need. Our learning programs are aligned to ISTE NETS (International Society of Technology in Education National Education Technology Standards) and the Conference Board of Canada's Employability Skills 2000+.

At iSisters, we believe in education, volunteerism and community capacity building. We are passionate about the potential of technology as a means to learn, grow and gain economic independence. Our learning programs are built in collaboration with community partners, are customized to meet the needs of learners and are built to be sustainable (without the need of onsite support from iSisters) within two years.

Our Mission

To provide access to technology;
To develop and deliver technology mentoring programs; and
To enhance career opportunities through technological awareness.

Our Vision

iSisters Technology Mentoring, the leader in technology learning and development, helps empower woman in need to live better lives, create better futures and build stronger communities.

Program Partnerships

St. Joe's Women's Centre, Cornerstone, Immigrant Woman Services of Ottawa (IWSO), Youville Centre, Big Brothers Big Sisters Ottawa, Tungasuvvingat Inuit Community Centre, St. Mary's Community Outreach and Program Centre.

Our Learners

Our learners are women facing economic, social and/or academic barriers who use the services of our partnering agencies. They are unemployed or underemployed and typically range in age from 15 to 40. Our learners often rely on government services and support for basic needs. Most of our learners have children, many are single mothers.

St Joe's learners are women who are homeless or disadvantaged and are looking for a safe and secure daytime environment.

Cornerstone learners are women who are homeless and seeking emergency shelter and supportive transitional housing.

Immigrant Women Services of Ottawa (IWSO) learners are women new to Canada and most are survivors of violence.

Youville Centre learners are young mothers who attend this alternative high school.

Tungasuvvingat Inuit learners are Inuit women living in the Ottawa area.

St. Mary's learners are young pregnant women and young mothers.

Accomplishments of the Past Year

- Successfully graduated 236 students in the past year

- Awarded the Conference Board of Canada's Global Best Award for Building Learning Communities

- Promoted our volunteer teacher, Zahide Yilbas to a staff position as our full-time program manager.

- Hired Jolynn Sommervill as our new Executive Director.

- For the third year, awarded academic post-secondary scholarships to teen moms graduating with their high school diploma from St. Mary's Home and Youville Centre.

- iSisters continues to be the Charity of Choice for Elation Centre Yoga studio who offer yoga sessions to office workers with all proceeds going to iSisters.

- Funding from Inukshuk has enabled a new and improved media-rich iTeachnology to be developed for our learners.

- Funding from the Leacross Foundations has enabled the development of an Asset Map for our learners and partner centres.

Our Vision Moving Forward

Since iSisters' inception in 2001, the organization has experienced tremendous growth, accomplishments and transitions. Over the past nine years, we have partnered and served six different community-based programs with our program model. We have assisted over 1000 graduates since 2001 and with each new partner, our annual graduation rate increases proportionately. Program interest continues to climb steadily as we are recognized as a leader in technology learning and development. Our programs help empower women and provide them with opportunity to live better lives and create brighter futures for themselves and their families.

In 2009, iSisters sought to clarify a common understanding of the organization's future direction, determine strategic priorities, and concrete action plans to realize these priorities.

Members of the organization who participated in the iSisters' strategic planning sessions determined the following critical success factors for iSisters:

Sustainable organizational capacity,
Successful graduates,
Program and product development,
Target community awareness and recognition, and
Effective board governance and operational management.

To ensure these critical success factors are met, iSisters' determined the following strategic priorities to accomplish for 2009 – 2011:

Build operational capacity and leadership
Build awareness of iSisters in our target communities.
Build operational capacity and leadership

iSisters' goal is to develop the necessary capacity, leadership, and infrastructure to serve more people and meet the needs of the larger community. To this end, iSisters articulated several strategies to build operational capacity and leadership for 2009 – 2011. First, iSisters established goals, timelines and key performance indicators that will be used to track progress and celebrate success. Second, iSisters will continue to increase the effectiveness of the board to ensure the right mix of skills and experience are in place to carry out iSisters' mission and to ensure the organization operates according to the strategic priorities. Third, all roles and responsibilities for the Board, staff, and other members of the organization will be re-defined and/or developed to ensure perfect clarity.

Build awareness of iSisters in our target communities

To accomplish this strategic priority, iSisters will create and execute a marketing, communications and advertising strategy to ensure target communities are aware of the services iSisters offers and understands how to access these services. Also, iSisters will strengthen collaborative partnership agreements. Engaging partners in activities that help raise awareness of iSisters and ensuring optimum allocation of its resources touches all five critical success factors and helps accomplish both strategic priorities.

St. Joe's Woman's Centre

About St. Joe's: www.stjoeswomenscentre.org

Learners:

Women who are using services at St. Joe's Women's Centre; women who are homeless or disadvantaged and are looking for a safe and secure daytime environment.

Program Goal:

This pilot project will help women connected to St. Joe's to learn about technology, develop workplace readiness skills as well as improve self esteem.

Purpose:

The purpose of this program is to design and deliver a new sustainable learning program for women in Ottawa who use services of St. Joe's Women's Centre. The pilot project will encourage our clients to develop the relevant skills to help empower them within the community.

We have piloted a sustainable technology mentoring program and learning centre in collaboration with St. Joe's Women's Centre.

The courses outlined for our St. Joe's learners are:

Computer Basics	Creating a Resume
E-mail	Pre-employment skills development
Word processing	Volunteerism
Safe and Secure on-line Surfing	eLearning

Comments from our graduates:

"I like learning about computers. This was my FIRST time!"
Vida, St. Joe's Graduate August 2010

"I feel so comfortable and confident now!"
Susan, St. Joe's Graduate September 2010

Comments from our Community Partner:

"Our partnership with iSisters is very successful even though the class was small; the program generated a lot of interest with other non-participants. We look forward to future classes with iSisters so that they can continue to help the women of St. Joe's leave here with renewed hope that they can get jobs and pull themselves out of their cycle of undesirable circumstances."
Marsha Wilson, Director St. Joe's Women's Centre

Cornerstone

About Cornerstone: www.cornerstonewomen.ca

Learners:

Women who are homeless and are seeking emergency shelter and supportive, transitional housing.

Program Goal:

Our goal is to build a sustainable technology mentoring program and learning centre in collaboration with Cornerstone. This program will result in women at Cornerstone developing technology skills, accessing technology and on-line government services, and developing fundamentals of independent living skills including active community participation.

Purpose:

The purpose of this program is to design and deliver a new sustainable learning program for women in Ottawa who are homeless. The project encourages and helps women feel empowered to participate actively in the community.

The courses outlined for our Cornerstone learners are:

Computer Basics	Creating a Resume
E-mail	Pre-employment skills development
Word processing	Volunteerism
Safe and Secure on-line Surfing	eLearning

Also, on request of the students, courses on Excel and PowerPoint were introduced.

Comments from our graduates:

"I learned a lot. The courses are fun and the teacher is the best!!"
Donata, Cornerstone Graduate June 2010

*"It feels great to have learned about computers. I feel wiser.
Thank you for this opportunity"*
Zorodzayi, Cornerstone Graduate August 2010

"This course is very valuable, it will help me get back into the workforce"
Cassondra, Cornerstone Graduate August 2010

"I am now able to communicate via email with more confidence."
Sherrie, Cornerstone Graduate August 2010

Comments from our Community Partner:

"Cornerstone is about giving women a second chance. It's about helping women get back on their feet when they've hit a situation they need to escape from. We're excited about the natural synergy with iSisters. We provide the immediate support for women, while iSisters will give these women the skills and confidence to stay on their feet and recover better if they hit that same situation again."
Sue Garvey, Director Cornerstone

Immigrant Women Services Ottawa
Services pour femmes immigrantes d'Ottawa
IWSO

Immigrant Women Services Ottawa (IWSO)

About IWSO: www.immigrantwomenservices.com

Learners:

Immigrant women who are survivors of violence and using the services at IWSO.

Program Goal:

Our program goal is to develop diverse and learner-centred programming at IWSO. Many of our learners, some of whom already have professional training, some have little or no experience with technology. IWSO programs are designed to be flexible in content and delivery. We are developing a more advanced computer course (level 3) by building on our existing model of level 1 and level 2 computer courses. In this third level, iSisters teaches students advanced Word processing and Excel skills, as well as how to use PowerPoint and Social Media tools.

Purpose:

The purpose of this program is to design and implement an innovative and flexible program with IWSO which serves the needs of women new to Canada. This program will encourage lifelong learning, promote economic independence and empower women with career opportunities through technological awareness. This project goes well beyond removing barriers to employability.

The courses outlined for our IWSO learners include beginner, intermediate and advanced:

Computer Basics	Creating a Resume
E-mail	Creating on-line photo galleries
Word processing	Volunteerism
Safe and Secure on-line Surfing	eLearning
Desktop Management	Employability skills development

Also, iSisters recently added three courses, one on PowerPoint, an advanced course on Excel, and a course on using Social Media.

Comments from our learners:

"I find this program very valuable because it's something that you need to have in today's world."

Carol, IWSO Graduate November 2009

"I have learned so many important things during the course and I really enjoyed it. Working with PowerPoint, Excel, Facebook and everything else was interesting and exciting for me."

Mitra, IWSO Graduate June 2009

"I am content with the program; it gave me a good understanding of technology" Sarah IWSO Graduate January 2010

"I feel more confident working with computers. The course was informative and interesting."

Jamila IWSO Graduate March 2010

"I feel privileged to have learned about computers with the help of iSisters."

Natalia IWSO Graduate March 2010

Tungasuvvingat Inuit

About Tungasuvvingat Inuit: www.ontarioinuit.ca

Learners:

Unemployed Inuit women between the ages of 18 to 35, who use the community program services of Tungasuvvingat Community Centre in Ottawa.

Program Goal:

Introduced in 2004, the Employment Support Program created ICT (Information Communication Technology) learning opportunities for Inuit women focusing on employability skills as well as promoting lifelong learning. The program goal at Tungassuvvingat Inuit Community Centre is to introduce the program and help our students develop their technology skills and prepare for the world of work. Many of our learners have little or no technology skills at all. The Tungasuvvingat Intuit programs are designed to fit each clients needs. Our goal is to continue to build on our existing model of level 1 and level 2 computer courses. Our learners at Tungasuvvignat Inuit Centre are on a continuous path of growth, lifelong learning, development and employability skills.

Purpose:

The purpose of this program is to design a multi-level course outline for our Tungasuvvingat Inuit learners. This program will encourage lifelong learning, promote economic independence and empower Inuit women with more career opportunities through technological awareness.

The courses outlined for our Tungasuvvingat learners are:

Computer Basics	Creating a Resume
E-mail	Developing a career plan
Word processing	Interview Preparation
Safe and Secure on-line Surfing	English literacy improvement

Kudos:

iSisters won the Conference Board of Canada's Community Learning
Award for our Tungasuvvingat Inuit Technology Mentoring Program.
This award recognizes innovative community-based programs that use
technology to increase inclusiveness in society. iSisters Technology
Mentoring Inc. won in the category of community-based learning
opportunities for Aboriginals. iSisters was showcased at the Partners
2004 Symposium: Finding the Power of Partnerships. This program
was also awarded the ITAC* Voluntary Sector Award in 2006 through
Showcase Ontario.

*ITAC – Information Technology Association of Canada

Comments from our Community Partner:

*"iSisters has supported the creation of Tungasuvvingat Inuit's Employment
Learning Centre and they continue to guide us in teaching ICT skills to the
Ottawa Inuit community. We are very grateful for iSisters' expertise and
especially to Cathy Lewis for her wisdom and caring."*

Mary Hands, Employment Counsellor, Tungasuvvingat Inuit

More About our Programs

iSisters' Program Phases and Process – Building Capacity and Sustainability
We establish formal multi-year partnerships with community organizations
supporting women in need. Each partnership has a different story; however,
there are common elements for partner selection:

- being approached by the partner, who desires a new learning program
  and access to technology
- meetings with the potential partner to learn about each others' agency
  assessment of the partner's history and capacity
- evaluation of alignment of organizations (mission, goals, values)
- review of available funds to support the new program
- a letter requesting iSisters' services is received from the partner
  presentation from the partner to the iSisters' Board of Directors
- Board votes on the initiation of the new partnership
- Partnership agreement is finalized and signed by both parties

Setting up a Partnership

Setting up a partnership, after approval from the iSisters' Board, involves the
signing of a partnership agreement written by iSisters and with input from the
partner. Then a number of steps are taken:

- meetings with executive staff to determine scope and goals for
  partnership
- meetings with front line staff who will be involved with the goal of
  iSisters
- learning more about the current programs and services at the partner
  agency and the partner learning more about iSisters
- an outline of program goals, logistics and details is established space for
  the new learning centre is secured by the partner
- iSisters staff are written into the insurance policy of the partner agency
- hardware and funds are acquired by iSisters to run the program

Key Success Factors in Setting up a Partnership

- open and honest communication
- shared values
- clear and transparent expectations and responsibilities

Program Phases

The community-based programs have three phases, each phase lasting about one year:

1. Design program and acquire resources (hardware and monetary)
2. Implement the program
3. Support sustainability with the program partner

The goal of iSisters' programs is that the partner agency is independently running the learning program two to three years after beginning phase one.

More About our Programs

Multi-year program phases add to the reliability and sustainability of iSisters' programs. The first phase involves building the learning centre and designing the learning program in collaboration with the community partner. A customized program is designed based on the needs of the learner unique to that community partner.

The second phase is implementation. The program is implemented, evaluated, and refined. Typically, iSisters spends a year onsite delivering the program with the partner, managing required changes, and mentoring the partner and participants.

In the third phase, iSisters works with staff at the partner agency to complete knowledge transfer and to prepare the partner to deliver learning programs independently of iSisters.

Community partners, such as St. Joe's, Cornerstone and IWSO, are not charged for the products and services provided by iSisters. Through corporate and community partnerships, iSisters is able to provide the program (including computer lab and onsite teaching) at no charge to the partner or learners. All technical requirements are set up, with the support of iSisters, at the beginning of the project.

Programs like the iSisters computer training course is one of the most effective way to help women to escape the cycle of poverty and homelessness, as they invariably move from this course to more learning opportunities leading to employment and independence.

Sue Garvey
Executive Director, Cornerstone Women's Shelter

Voices of our Volunteers

Laura Wesley

It was one of those awkward in-between-funding moments that could have proved difficult for residents at a local women's shelter. That is, until Laura Wesley noticed a problem and did what she could to solve it.

Wesley is well-versed on client services in her day job as a government worker. So when she saw the computer lab at the Cornerstone Women's Shelter inaccessible during the evening to the women living there, she realized all it would take is one person to spend some time there to open it up again. So she made a standing date with the ladies at the shelter, once a week to sit in the lab answering any questions about how to use computers and the Internet, socializing and helping them get back on their feet.

Women staying at Cornerstone have access to iSisters technology workshops once a week delivered by an instructor, but Wesley's involvement ensured that the computer lab would remain open at night so students could practice and build on the skills they'd been learning during the day.

"I realized I was one of the few people in these women's lives not looking to get something out of them," recalled Wesley. "It was informal, and they didn't have to explain anything."

Wesley's multi-year involvement with iSisters began when she met Cathy Lewis at Leadership Ottawa. She was intrigued by the premise of helping women become more familiar with technology, and was impressed that the programs focused on training the staff to teach – thus letting partner organizations keep a program after their partnership with iSisters had come to a close.

"They go in, they set up the lab, offer weekly workshops, train the staff and then they provide support when needed," said Wesley, and in her volunteer role at Cornerstone she vowed to do the same thing. While she worked there, she helped recruit enough volunteers to expand the lab's opening times from just one hour, once a week to at least once an hour, every day. This allowed the women to search for jobs, do their homework, practice their computer skills, keep in touch with others over e-mail and do other everyday activities right from their temporary home.

Wesley's personal experience with Cornerstone and its women allowed her to provide feedback back to iSisters about other training courses they might want to develop. With the shelter lab up and running successfully, Wesley stood true to the tradition of iSisters and carefully trained her lab replacement, leaving the work behind for the capable volunteers and shelter residents who stepped up to share their knowledge with new recruits. "

(iSisters) is empowering, and leaves partner organizations with the infrastructure and knowledge in place to continue making a difference to women who need support."

Written by Elizabeth Howell, iSisters Volunteer

Laura Wesley

Staff Spotlight

Zahide Yilbas arrived in Ottawa with a goal to provide a better future for her daughters. Zahide, who has two PhDs, volunteered actively while she patiently waited for residency status and permission to work in Canada.

Since August 2009, she and her family are now permanent residents of Canada and are very proud and excited to be members of this wonderful country. In addition to obtaining permanent residency, Zahide joined iSisters as a Program Manager.
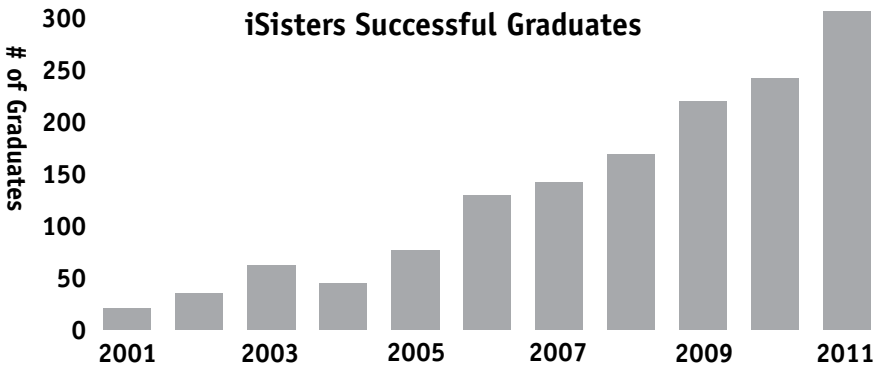
Zahide always encourages her students who are mostly new immigrants to avoid building walls around themselves. She encourages her students to volunteer, seize the many opportunities Canada has to offer, always work hard for what they believe in and want, and never give up when things get difficult.

She truly puts her heart into her work, and strives to design teaching material to suit the interests and needs of students from diverse backgrounds, all while maintaining the quality of courses at the different learning centers. Zahide is well loved and respected by her students, and as one student wrote in a thank you card, "Learning computer programs [as an] adult is a challenge...I am fortunate [to have] found a teacher [who] has the talent to teach well, and [the] charisma to make a tedious class into a wonderful [time]. What I learned here, I have already incorporated [into] my work. Thanks for your sincere kindness and for the great time we spent learning about programs in the computer room" (Rosa Maria, IWSO student, 2010).

Zahide's eldest daughter has been accepted into the University of Ottawa's medical school and as a future doctor she wishes to specialize in cardiology. Zahide's youngest daughter, now a grade 11 student, is playing the cello in both the intermediate and senior levels in her school orchestra, and aspires to become a dentist.

iSisters Graduates – The power of learning

iSisters Successful Graduates

# of Graduates

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300 ┤                                                      ▉
250 ┤                                            ▉    ▉
200 ┤                                  ▉
150 ┤                        ▉    ▉
100 ┤              ▉    ▉
 50 ┤    ▉    ▉
  0 ┼─────────────────────────────────────────────────────
    2001    2003    2005    2007    2009    2011
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At iSisters, we have the privilege of enhancing the lives of women who are marginalized by providing exceptional technology learning opportunities. We have successfully graduated over 1000 women to date and continue on an upward path of learning and development with a forecasted graduate rate of over 1300 women in 2011.

iTeachnology™ 2.0

iTeachnology™ 2.0 is the new and improved suite of web-based learning resources that support iSisters' employability and technology skills training programs. With funding provided by Inukshuk in December of 2009, the iSisters team went to work creating a more dynamic, interactive and flexible set of online learning resources.

The need...
Using a continuous improvement model, iSisters instructors collated a broad range of feedback from learners, instructors, and partner organization leads. Out of this exercise came a wish list of new features and interactivities that would benefit learners and instructors alike, and allow partner organizations to develop and maintain their own content and courses without the need for iSisters support.

The input from learners was clear and consistent: we want more interactivity, and we want even more content! Instructors wanted more interactivity for learners too. But instructors also needed course and content management features that would allow them to customize the materials based on the learners, and register and track learners on a group-by-group (or class-by-class) basis.

The solution...
The iSisters team researched a variety of platforms and tools, and selected the Moodle open source course management system. Moodle is a well-established and powerful open source platform, and although it is free to use, it required significant customization and configuration. To help iSisters with the Moodle customization, we used the Inukshuk funding to bring in BlackCherry Digital Media, an Ottawa-based creative and technical service firm that specializes in open source tools. With the Moodle configuration now complete, the iSisters/ BlackCherry team is moving to the fun part – designing and developing a host of new interactive, Flash-based learning objects for our learners.

The results...
iTeachnology™ 2.0 will transform the way iSisters teaches its learners. The new Moodle platform allows instructors to quickly and easily customize content, and even create new material without the need for programmers or administrative support.

Our partners will have the power to independently create courses, add content, and track past, present, and future learners...with no support from iSisters required!

One of the many new interactive activities in the new iTeachnology™ 2.0 iSisters is excited about the new release of iTeachnology™ 2.0 (planned for December 2010) and would like to thank the Inuskhuk fund for supporting our vision.

For those interested in participating in the iTeachnology™ 2.0 testing trials, or if you would like to be notified of the release in December, please contact Jolynn Sommervill at jsommervill@isisters.org.
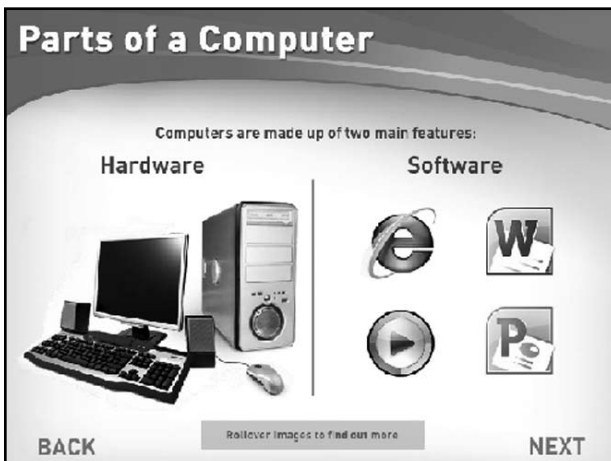
Connecting our Learners to Their Community: the iSisters Asset Map

iSisters has been connecting women in need with technology through mentoring for nearly a decade. In our 10th year, we will be enriching that learning by introducing them to the rich resources in the community by using that technology.

With the generous support of the Leacross Foundation, iSisters is working to create a comprehensive data base that will allow our learners and partner centres to identify services, programs, educational opportunities, job and volunteer positions, and a range of other community assets that will help empower them to live better lives.

The project involves identifying the personal experiences, talents, skills and interests of the students and finding the connections with appropriate community resources through the use of technology.

The pilot project is being conducted with our partner Immigrant Women Services Ottawa and the students' at all three levels of iSisters learning.

The Team

Board of Directors

Patricia den Boer
Chair of the Board

Linda Milton-Perrault
Director, Secretary

Eileen Dooley
Director, Special Advisor
to Grant Development

Diana Vidal
Director, Volunteer Management

Cindy Newell
Director, Human Resources

Carolyn Ho
Director, Treasurer

Karen Soloman
Director, Public Relations

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Tim Birch Jones
eLearning and Project
Management, iTeachnology

Fran Harding
Community Liaison,
Asset Map Project

Louisa Lambregts
eLearning Instructional Designer,
iTeachnology

Support from the Community

THE ONTARIO TRILLIUM FOUNDATION · LA FONDATION TRILLIUM DE L'ONTARIO

Community Foundation of Ottawa · Fondation communautaire d'Ottawa
For good...forever   Le bien...toujours

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THREE BAKERS AND A BIKE

Voices of our Community

Stretching for Charity

In the fall of 2009, Elation Centre Ottawa began offering workplace yoga sessions throughout the Ottawa area. This workplace program was designed to accomplish two important goals: to help people become more aware of their posture and realize that even in today's busy society we don't have to be in a panic to be productive; and to raise money for iSisters Technology Mentoring. Over a dozen workplaces have participated thus far with all proceeds going to support iSisters. To date, hundreds of dollars have been raised to support iSisters' work in helping disadvantaged women become more familiar with computers and enhancing their employment opportunities.

To learn more about the Yoga at Work program and Elation Centre Ottawa, visit www.elationcentre.com.

2010 Global Best
Award Winner

In April 2010, the Conference Board of Canada, in collaboration with the International Partnership Network (IPN), presented iSisters Technology Mentoring with the 2010 Global Best Award in the "Building Learning Communities" category. This category honours a successful partnership that has demonstrated its abilities to build learning communities that have achieved growth. A learning community is defined as a group of people who have important shared characteristics such as common purpose, language, culture, etc. iSisters was honoured to receive this award.

Financial Statements

iSisters Technology Mentoring Inc.
May 1, 2009 thru April 30, 2010

SUMMARIZED STATEMENT OF OPERATIONS

	2009-2010	2008-2009
REVENUE		
DONATIONS	36,021.50	14,782.39
FUNDRAISER/CAMPAIGN	798.80	9,386.50
PROGRAM	129,161.24	86,000.00
TOTAL REVENUE	**165,981.54**	**110,168.89**
EXPENSES		
GRANTS AND PROGRAMS	91,624.89	115,146.16
OPERATING EXPENSES	19,156.70	25,603.11
TOTAL EXPENSES	**110,781.59**	**140,749.27**
EXCESS OF REVENUES OVER EXPENSES	**55,199.95**	**-30,580.38**

SUMMARIZED BALANCE SHEET

	2009-2010	2008-2009
ASSETS		
CASH	106,956.48	62,884.81
TOTAL ASSETS	**106,956.48**	**62,884.81**
LIABILITIES AND EQUITY		
CURRENT LIABILITIES PAYABLE	2,258.30	2,874.50
EQUITY		
RETAINED EARNINGS	49,498.23	19,169.73
NET INCOME	55,199.95	40,840.58
TOTAL LIABILITIES AND EQUITY	**106,956.48**	**62,884.81**

The accompanying balance sheet and income statement were
prepared by:

Carolyn Ho
Director, Treasurer